It can't love you back.

It attracts you, promises to fulfill you, and keeps you coming back for more.

But it never gives you love.

If you've ever used food to meet an emotional need, you know that's true. Whatever satisfaction it offers is truly temporary.

What we all want is love and acceptance. That's spiritual, not physical. If you want to find out more about how those deep needs can be met, see the feature article "Relief from an Eating Disorder" on the Web at EveryStudent.com.

